

# BOOKS ABOUT APHASIA

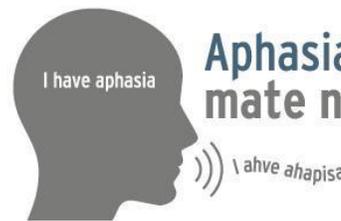
## AphasiaNZ Resource Library

Friends of AphasiaNZ can borrow items from the library for up to 6 weeks.

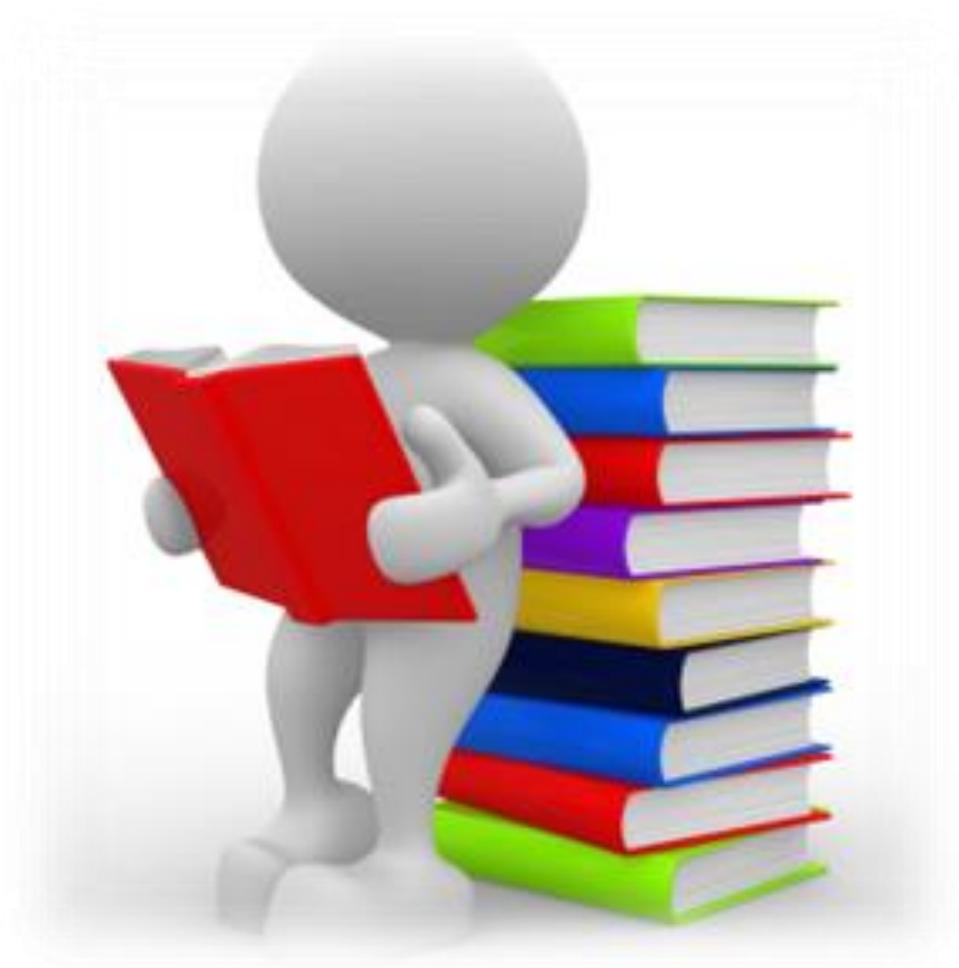
For more information, please contact:

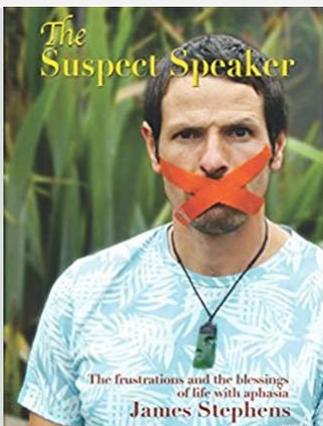
Email: [admin@aphasia.org.nz](mailto:admin@aphasia.org.nz)

Phone: 0508 274 274.



Aphasia New Zealand Charitable Trust  
mate ngaronga reo





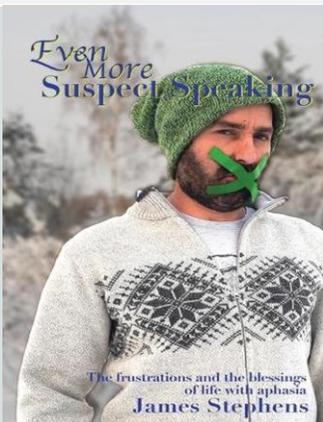
### **The Suspect Speaker – by James Stephens**

Fifteen short stories about people with aphasia who have difficulty in verbal communication. Each story has three versions: A, B and C. People who have aphasia can get the gist of the stories from the A version, and in recovery, over time, can extend their reading ability for the B or C stories.



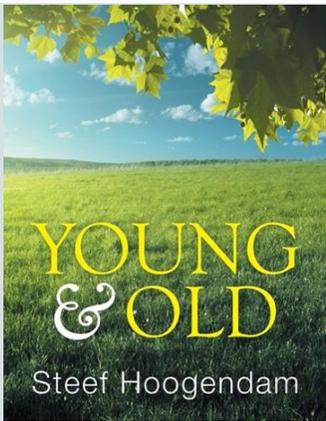
### **More Suspect Speaking – by James Stephens**

Another fifteen short stories featuring people with aphasia who have difficulty in verbal communication. Each story has three versions: A, B and C. People who have aphasia can get the gist of the stories from the A version, and in recovery, over time, can extend their reading ability for the B or C stories.



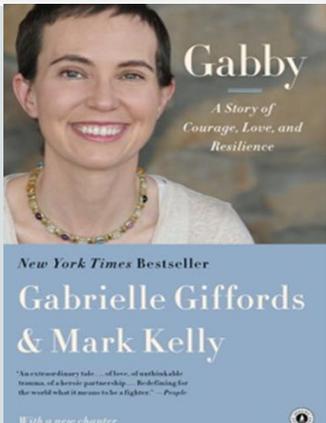
### **Even More Suspect Speaking – by James Stephens**

The third in the series has seven short stories, a group of five connected short stories and poems, all about people with communication difficulties. The short stories have two versions: The "A" versions has shorter sentences and more gaps - perfect for people with aphasia. The "B" version has more descriptive prose – perfect for carers and family members who have an acquaintance with aphasia and what it means.



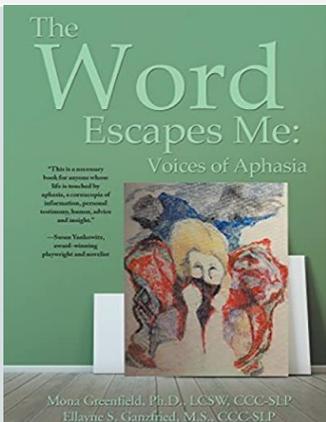
### **Young & Old – by Steef Hoogendam**

A book based on the author's personal experiences with aphasia. He was a student of the "red academy," and felt compelled to document his encounters with aphasia attacks, especially considering the potential onset of dementia in the future. The narrative offers insights into the challenges faced by individuals dealing with communication disorders and reflects on the broader implications for their lives.



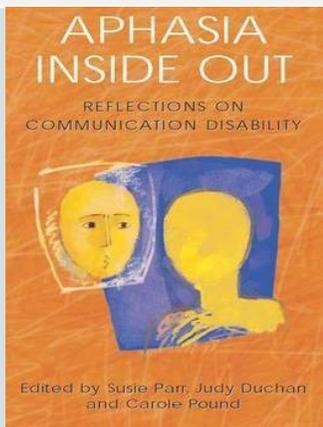
### **Gabby: A Story of Courage, Love, and Resilience – by Gabrielle Giffords and Mark Kelly**

A fascinating insight into US politics (as well as the realities of being an astronaut) and a great story of determination and love. Gabrielle Giffords' aphasia is covered, but not in great depth. However, her progress is outlined, and the hours of hard work and perseverance are clear. A story of triumph over adversity - which is still continuing.



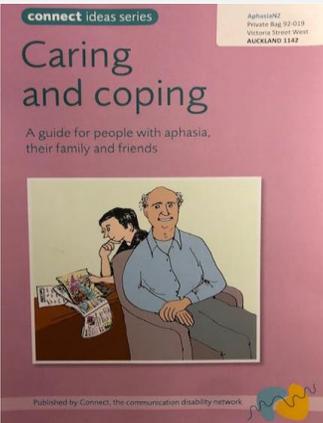
### **The Word Escapes Me: Voices of Aphasia – by Mona Greenfield and Ellayne S. Ganzfried**

This book provides insight into aphasia through the eyes of clinicians, caregivers and persons with aphasia. Increase your knowledge of aphasia and learn strategies to increase public awareness of aphasia. Explore innovative approaches to aphasia rehabilitation and groups. Read personal and candid stories of frustration, courage, hope, love and acceptance.



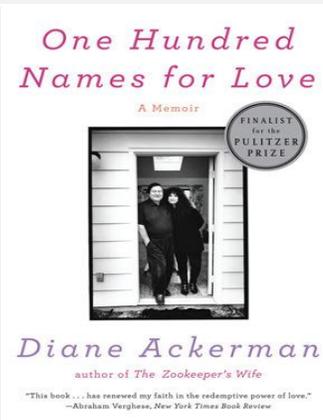
## **Aphasia Inside Out: Reflections on Communication Disability – by Susie Parr, Judy Duchan, and Carole Pound**

A collection of different perspectives on aphasia. People with personal experience of aphasia, therapists, counsellors, educationalists, linguists, and researchers reflect on and explore aspects of living with aphasia that have are rarely discussed in conventional academic settings. The chapters cover a range of issues, for example aphasia and the internet, time and poetry.



## **Caring and Coping: A guide for people with aphasia, their family and friends**

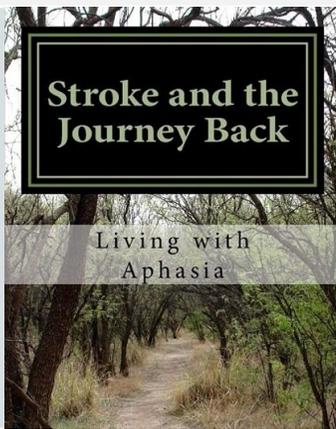
This guide offers practical ideas and reassurance to partners, family and friends caring for someone with aphasia. It gives sensible tips and suggestions for coping with and managing difficult emotions, ideas for living with and dealing with change, and inspiration for looking to the future.



## **One Hundred Names for Love: A Memoir – by Diane Ackerman**

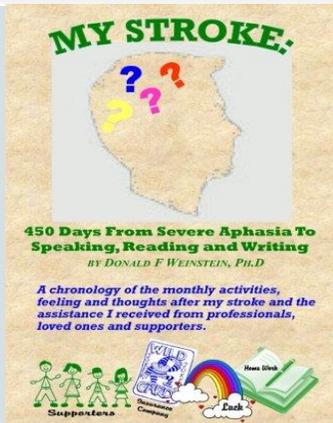
An uplifting memoir - the writer explores the brain's ability to find and connect words and the latest science behind what happens when it fails to do so. The writer's husband had a stroke in 2003 and was left with global aphasia.





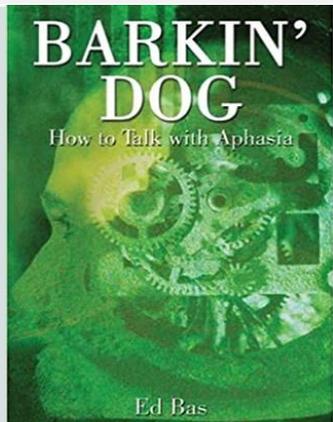
## Stroke and the Journey Back: Living with Aphasia by Eve Moffatt

This book tells the author's personal story of having a stroke and the long journey back as well as learning to live with aphasia and overcoming it.



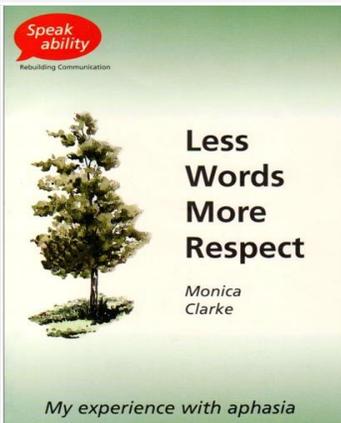
## My Stroke: 450 Days from Severe Aphasia to Speaking, Reading and Writing

A chronology of the monthly activities, feelings and thoughts after the writer's stroke and the assistance he received from professionals, loved ones and supporters.



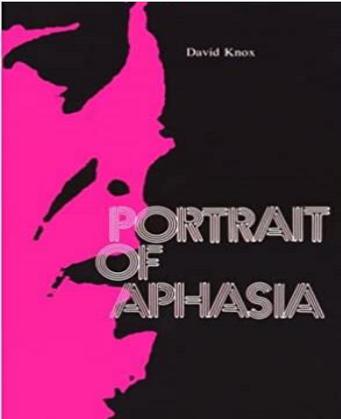
## Barking Dog: How to Talk with Aphasia – by Ed Bas

Recommended for people who have aphasia and their families. The writer discusses reading, writing, exercise, diet, medicine, computers/software, contacts, suffering and loving for stroke victors. The writer had a stroke in June 2002.



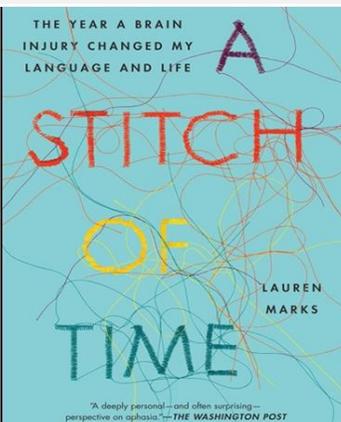
## Less Words More Respect: My experience with aphasia – by Monica Clarke

This book is about the author's personal journey living with aphasia. The book explores the profound impact of aphasia on relationships and daily life, emphasizing themes of love and hope. Clarke shares her discovery that, despite the communication challenges, essential aspects like intelligence, humor, and emotions remain intact.



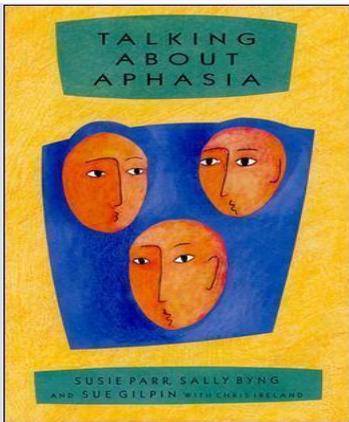
## Portrait of Aphasia – By David Knox

A personal account of the recovery of a stroke victim told with clarity and sensitivity by her husband.



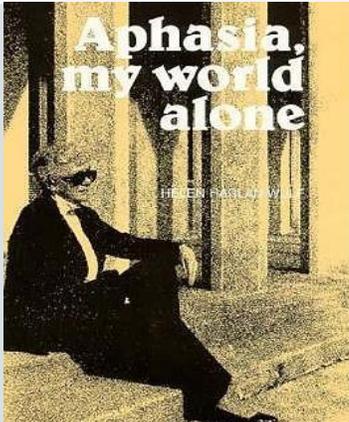
## A Stitch of Time: The Year a Brain Injury Changed my Language and Life – by Lauren Marks

Lauren Marks suffered an aneurysm aged 27 and developed severe aphasia. This memoir focuses on the year that followed as she gradually recovered much of her language. Lauren also lost many of her memories. She describes the disconnection between how she was feeling - peaceful, calm and happy much of the time - and how her family and friends were feeling, and how she struggled to appreciate their feelings in her altered state of being.



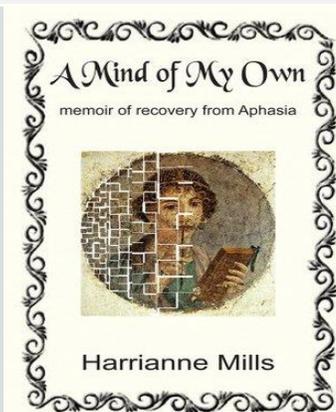
### **Talking About Aphasia: Living with Loss of Language after Stroke – by Susie Parr, Sally Byng, and Sue Gilpin with Chris Ireland**

This book is about living with aphasia. Drawing on in-depth interviews with fifty aphasic people, it explores the experience of aphasia from the dramatic onset of stroke and loss of language to the gradual revelation of its long-term consequences. Told from the perspective of people with aphasia themselves.



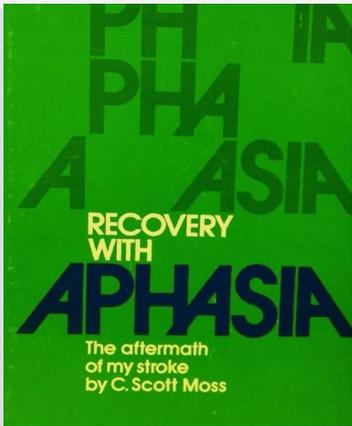
### **Aphasia, my world alone – by Helen Harlan Wulf**

A detailed and very personal account of the author's experience of aphasia following a stroke. Gives lots of insight into the patient perspective. Useful for SLTs and caregivers but complex language not suitable for those with aphasia. Note that her stroke was in 1973, and attitudes and treatment have changed a great deal since then.



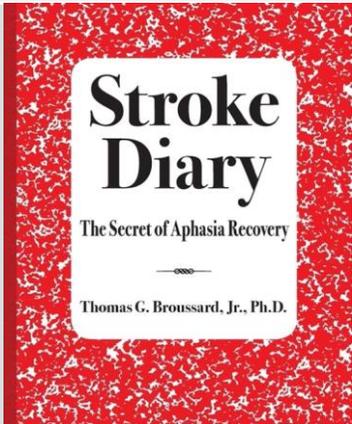
### **A Mind of My Own: Memoir of Recovery from Aphasia – by Harriane Mills**

A dramatic true story of a woman's recovery from traumatic brain damage following a motorcycle accident in Greece. Facing far more than broken bones and physical impairments, this classical antiquity professor had lost what was most important to her ability to successfully use language. Using journal entries, medical records, letters, and more, she tells her story from multiple perspectives.



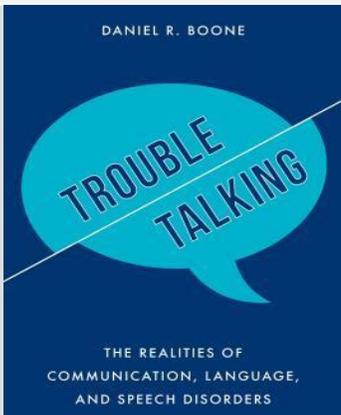
### **Recovery with Aphasia: The Aftermath of My Stroke – by C. Scott Moss**

This book is about how the author and his wife responded to his near-fatal stroke; their desperate search for professional guidance, and their persistent efforts to overcome the resulting cognitive and language challenges.



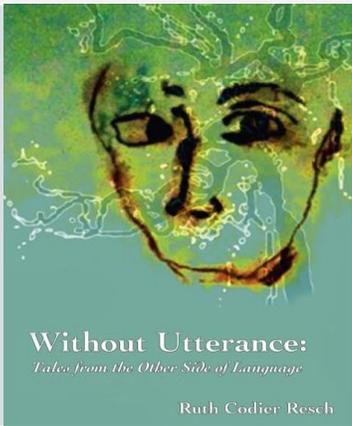
### **Stroke Diary: The Secret of Aphasia Recovery – by Thomas G. Broussard, Jr., Ph.D**

Using new methods of therapy developed in part by the author and his family, lead to complete recovery. Rehabilitation included a diary, which he uses in this book to teach his processes and to show others the secrets of learning, relearning, and healing. It also provides key messages about motivation and practice and highlights how aphasia affects the written language.



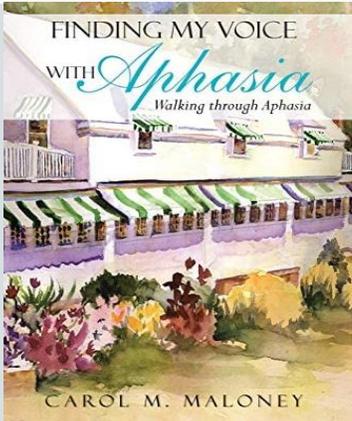
### **Trouble talking: The Realities of Communication, Language, and Speech Disorders – by Daniel R. Boone**

Stories of patients treated in medical settings for problems with speech and language: aphasia, dementia, Parkinson's disease, amyotrophic lateral sclerosis and other central nervous system diseases, apraxia and head trauma.



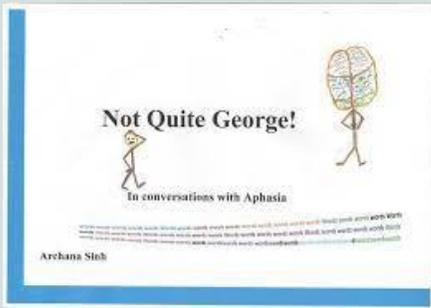
### **Without Utterance: Tales from the Other Side of Language – by Ruth Codier Resch**

The author reflects on the loss of language, recounting a tender yet unsettling present, an uncertain future, and unexpected creativity from chaos. Using vivid, sensory language, she shares her journey of rediscovering expression through art, music, body practices, and mysticism. These tales inspire those facing life's upheavals, offering hope and affirming the possibility of unexpected transformation despite difficult circumstances.



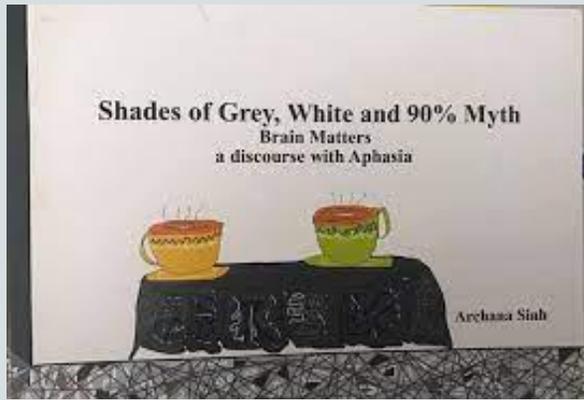
### **Finding My Voice with Aphasia: Walking Through Aphasia – by Carol M. Maloney**

The author's story of her aphasia acquired after a stroke in 2009. She talks about her life before her stroke, how she felt when the stroke occurred, life after her stroke, and signs of a stroke.



### **Not Quite George! In conversation with Aphasia – by Archana Sinha**

An original work created, written and illustrated by the author, whose husband had a stroke and has aphasia.



## **Shades of Grey, White and 90% Myth: Brain Matters - A Discourse with Aphasia – by Archana Sinh**

The author's second comic style book. Through engaging illustrations and narratives, the book aims to shed light on the experiences of individuals living with aphasia, offering insights into their challenges and coping mechanisms.