



Wellington Aphasia Community – October 2018

Kia ora everyone!

The field trip in September to the Holocaust Centre of New Zealand was poignant, heartfelt and sobering. The message of the museum was about education and human rights - challenging discrimination and prejudice and encouraging diversity and inclusiveness in a modern democracy. Edmund Burke said, "The only thing necessary for the triumph of evil is for good [people] to do nothing."

Outstanding things for October!

- 1: Fundraising: Friends of AphasiaNZ
- 2: Christmas luncheon? December 5?
- 3: Wellington Aphasia Hub: October 3
- 4: Kapiti Combo: October 10
- 5: Conversation Club: October 17
- 6: Field Trip: October 24 – Te Papa

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Are you a Friend of AphasiaNZ?

A family \$50 donation to AphasiaNZ will get you a Stroke and Aphasia handbook, the quarterly newsletter and access to the books and DVDs in the AphasiaNZ Library. The donation helps support AphasiaNZ's work across the country for the estimated 30,000 people that have aphasia.

I will have some forms for the meetings this month, or join online:

<http://www.aphasia.org.nz/public/resources/public-membership/>

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Christmas Luncheon:

The Christmas Luncheon will be at 12:00 (noon) **December 5th** at **1841 Bar and Restaurant** in **Johnsonville**.
SAVE THE DATE!

We will have our Aphasia Hub meeting at 10:15am to 11:45am at the Johnsonville Community Centre and then we will teleport to the restaurant. Anyone involved with aphasia is welcome to the Luncheon – Wellington, Hutt, Kapiti members... (even if you don't make the meeting!)

AphasiaNZ will pay for the lunch for people with aphasia. Any supporters, spouses, professionals will pay their own lunch. Pay for your own drinks. Emma Castle, Executive Officer of AphasiaNZ, will be there.

At the end of November, I will call for confirmation of numbers.

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Wellington Aphasia Hub:

Wednesday 3 October 2018, 10:15am to 11:45am

Location: Johnsonville Community Centre
3 Frankmoore Avenue, Johnsonville, Wellington

For people with aphasia, their spouse / partner, family members, friends, and carers (Health professionals are welcome too!)



Agenda for our meeting.....

- *3 minutes or 3 sentences:* What has happened in the last month?
Everyone can relate an anecdote, a newspaper clipping, and object or a photograph!
- *Guest Speaker: Mely Brown*, Hutt Stroke Officer, will share her biography.
- *Quizzes / Word Games*
- *Tea/Coffee*
A plate (with something on it) will be gratefully accepted.....
- *Updates of Upcoming Events*
- *What are you looking forward to ...?*

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Kapiti Combo:

Wednesday 10 October 2018, 10:45am to 12:15pm

Location: Kapiti Impact Hub

6 Tongariro Street, Paraparaumu

A group dedicated for connecting with others with aphasia and their supporters, and to increase confidence in communicating.

Agenda for our meeting.....

- *5 minutes or 5 sentences:* What has happened in the last month?
Everyone can relate an anecdote, a newspaper clipping, and object or a photograph!
- *Tea/Coffee*
A plate (with something on it) will be gratefully accepted.....
- *What are you looking forward to ...?*
- *Word Games*
Upwords, Headbanz, Conversation Starters, Table Topics, Articulate, Charades, Scattergories....

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Conversation Club:

Wednesday 17 October 2018, 10:15am to 11:45am

Location: Johnsonville Community Centre

3 Frankmoore Avenue, Johnsonville, Wellington

For people with aphasia

Agenda for our meeting.....

- *5 minutes or 5 sentences (!!!):* What has happened in the last month?
Everyone can relate an anecdote, a newspaper clipping, and object or a photograph.
Expect lots of questions from the others!
- *Tea/Coffee*
Contributions will be gratefully accepted.....
- *Word Games*
Upwords, Headbanz, Conversation Starters, Table Topics, Articulate, Charades, Scattergories....

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Field Trip:

Wednesday 24 October 2018, 9:50am-1:00pm

Te Papa Tongarewa: Museum of New Zealand

Doing It for Themselves: Women Fight for Equality

Women in Aotearoa New Zealand won the right to vote 125 years ago. With this exhibition, we honour women who fought, and continue to fight, for gender equality.

As usual, I will pick you up in a VANCY Van (thanks Lee!) from the:

~ Johnsonville Mall Car Park at 9:30am

~ Wellington Railway Station in a VANCY Van at 9:50-10:00am

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Looking forward to meeting you

Stephen Gibbs Community Aphasia Advisor (Wellington)

Mob: 022 302-9365

www.aphasia.org.nz